

**Name of the Ritual**

**Name of Spellcaster**

**Spell Recipient**

Are you doing this spell for yourself, or on behalf of someone else?

**Circumstances**

What is the real life situation that is giving you motivation to perform this spell?

**Date**

**Day of the Week**

**Location**

**Time of Day**

**Lunar Stage**

**Current Lunar Sign**

**Current Astrological Transits**

## **Mythology and Research Notes**

Do your homework.

## **Deities + other Beings to Invoke w/ Prayer**

## **Detailed and Clear Spell Intention**

My intention is to manifest \_\_\_\_\_.

## **Design an Applied Goal**

- What goal do you have that aligns with this spiritual practice? Be specific.
- How will you measure your progress on this goal?
- Is this goal achievable and realistic?
- What is the due date for this goal?

## **Necessary Tools and Ingredients, with Correspondances**

## **Spell Steps to Take**

## **Process Reflections**

What happened as you were performing the spell? What did you observe? How did you feel during the practice?

## **Results**

Check back in within 1 month and write down whether or not you feel this ritual was successful. What happened?